

U.S. benefits and contacts

At GE HealthCare, we're committed to creating a world where healthcare has no limits—and that starts with supporting your health and well-being journey. Our benefits help you live well, focus on your priorities and prepare for the future.

Get a quick overview of our [medical](#), [well-being](#), and [voluntary benefits](#), including vendor contact information for answers and support.

MyHR Portal

[MyHR.gehealthcare.com](https://myhr.gehealthcare.com) | Alight: 1-844-474-4342
Mon.-Fri., 7 a.m.-7 p.m. CT

MyHR is your starting point for general questions related to U.S. benefits including enrollment, plan details (costs, qualifying life events, etc.), how to make changes and pay inquiries.

Medical plan administrators



member.accolade.com | 1-866-417-0195



my.centivo.com | 1-800-615-5975

Contact the medical plan administrator for help with:

- Medical plan resources (second opinions, Centers of Excellence, condition/weight management)
- Coverage details
- Finding a doctor
- Claim/billing issues

Spending accounts administrator



- Health savings account (HSA)
my.healthequity.com | 1-866-346-5800
- Flexible spending accounts (FSA) and Health reimbursement account (HRA)
healthequity.com/wageworks | 1-877-924-3967

Contact HealthEquity for questions about your HSA, HRA, healthcare FSA (HCFSA), limited purpose healthcare FSA (LPHSA) and dependent day care FSA.

Pharmacy administrator



rightwaymember.com/gehealthcare | 1-866-450-2746

Contact Rightway for questions about prescription coverage or pharmacy claims.

Dental plan administrator



metlife.com/dental | 1-800-942-0854

Contact MetLife for questions about dental coverage or help finding a dentist.

Vision plan administrator



microsite.davisvision.com/gehc | 1-888-657-6550

Contact DavisVision for questions about vision coverage or help finding an optometrist.

Medical

Free resources available to U.S. colleagues enrolled in a medical plan (Credence BCBS or Centivo).

Healthcare advocacy



member.accolade.com | 1-866-417-0195

Healthcare navigation support for help understanding your benefits, finding providers, accessing virtual care, reviewing bills and getting second opinions—guided by Care Advocates and nurses to save you time and reduce stress.

Note: Members enrolled in a medical plan administered by Centivo may be redirected to Centivo Member Care for certain issues.

Weight loss program



virtahealth.com/join/gehealthcare | 1-844-847-8216

Leave a voicemail and receive a call back

Personalized, sustainable weight loss—even without diabetes. Work with a health coach on a nutrition-first plan to heal metabolism and build lasting habits. Includes app-based support and daily tracking; no meds or surgery are required.

Surgical Centers of Excellence



my.lanterncare.com | 1-855-676-9922

A program that covers planned surgeries at top-rated facilities (Basic PPO: 100%; PPO + HSA: 100% after deductible). Offers high-quality care while reducing cost and complexity.

Diabetes and pre-diabetes management



virtahealth.com/join/gehealthcare | 1-844-847-8216

Leave a voicemail and receive a call back

Medically supervised care for type 2 diabetes and pre-diabetes. Partner with a health coach and care team using a nutrition-first approach. Includes smart tools, testing supplies and app-based support to lower blood sugar, reduce meds and boost energy.

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Cancer support



lanterncare.com/for-members/cancer-journeys
1-855-204-3923

Get paired with an Oncology Nurse Navigator for help with a cancer diagnosis, treatment options, second opinions and care coordination—plus fast access to emotional support and help navigating treatment.



Medical (continued)

Free resources available to U.S. colleagues enrolled in a medical plan (Credence BCBS or Centivo).

Virtual second opinions



member.accolade.com | 1-866-537-1324

Connect with board-certified specialists virtually to review diagnoses and treatment plans—helping you explore options and make confident medical decisions.

Reproductive Centers of Excellence



get-carrot.com/employee-support | 1-888-817-9040

Personalized fertility and family building care and 24/7 expert guidance for IVF, egg/sperm freezing, adoption, surrogacy, menopause and more. Inclusive, culturally competent support to reduce stress and improve outcomes across all stages of reproductive health.

At-home physical therapy and pelvic health programs

Available Oct. 1, 2025 for colleagues enrolled in a GEHC medical plan



sword.health/thrive/gehc/go | 1-385-498-4640

Digital physical therapy for pain or injury recovery at home with a personalized plan from a Doctor of Physical Therapy. Includes a tablet, sensors and app for guided exercises, real-time feedback and unlimited messaging.



sword.health/move/gehc/go | 1-385-430-1424

Whole-body solution that pairs you with a personalized movement plan and Physical Health specialist to relieve daily aches and chronic pain, increase physical activity and improve overall health.



sword.health/bloom/gehc/go | 1-385-533-0019

Pelvic health support offers private, at-home care for women managing pelvic health. Meet virtually with a specialist, use a smart device for guided exercises and access resources via the app. Supports bladder control, postpartum recovery and more—discreet and personalized.



Well-being

Free resources available to all U.S. colleagues—
medical plan enrollment not required.

Well-being support program



gehc.springhealth.com (code: gehc)
1-855-629-0554 (for 24/7 crisis support, press 2)

Mental health support includes 10 free therapy sessions, 10 coaching sessions, and self-guided resources for you and your household family members. Access licensed therapists, personalized care plans, and wellness tools via app or website—for stress, anxiety, and emotional well-being.

Caregiver support



plan.cariloop.com/employer/GEHC | 1-844-869-5667

Partner with a dedicated Care Coach for help navigating elder care, childcare, and other caregiving needs.

Fitness memberships



signup.gympass.com/company-search
Search company > GE HealthCare

Access gyms, studios and wellness apps with one fitness membership. Subscribe using your GE HealthCare email to explore thousands of locations and digital tools—an affordable, flexible way to stay active in-person or online.



myhr.gehealthcare.com > Work & Life > Well-being >
Physical Thriving > Active&Fit > Explore

Stay active for less with a gym and wellness discount program, with memberships starting at \$28 per month, plus a \$28 enrollment fee and applicable taxes. Sign up through MyHR.

On-demand wellness tools



grokker.com/gehc

Stream on-demand workouts, yoga, recipes, sleep tools, and mindfulness programs—all in one app to support your physical and mental health.

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Well-being (continued)

Free resources available to all U.S. colleagues—
medical plan enrollment not required.

Retirement planning

Available to colleagues enrolled in GE HealthCare's
Retirement Savings Plan (RSP)

Fidelity NetBenefits®

netbenefits.com

GE HealthCare Retirement Service Center: 1-800-354-3967

Stay on track with your retirement goals whether you're just getting started or fine-tuning your long-term financial strategy. Manage your RSP account, explore planning resources and schedule a retirement planning session with Fidelity to support your long-term financial goals.

Adoption & surrogacy

CARROT

get-carrot.com/employee-support | 1-888-817-9040

Grow your family with the help of financial assistance—reimbursement for both adoption and surrogacy expenses up to a maximum per child limit.

Discounts



gehc.lifebalanceprogram.com | 1-888-754-5433

Save money on everyday purchases and experiences with deals from over 2,500 businesses—including travel, entertainment, electronics and more. Log in to the Life Balance website with your GE HealthCare email to access exclusive discounts, making it easier to enjoy life while staying on budget.

Financial wellness



usbank.com/gehealthcare

Access financial planning tools, free goal coaching and exclusive U.S. Bank offers. Visit the Financial Wellness Center to explore resources and schedule a personal session with a Goal Coach—supporting your day-to-day financial needs.



Voluntary benefits

Available for purchase

Life insurance



mybenefits.metlife.com | 1-800-238-3416

Protection for your family if the unexpected happens. GE HealthCare provides basic life insurance coverage, with options to buy more—offering peace of mind and long-term financial stability.

Group legal insurance

Colleagues must enroll during Annual Enrollment



myhr.gehealthcare.com | 1-800-821-6400

Affordable help for common personal legal matters like wills, home purchases and advice. Pay a monthly fee to access a network of attorneys—saving money and providing confidence in handling legal needs.

Disability



Short-term disability and leaves

login.mysedgwick.com/gehc | 1-866-849-0564 (Option 1)



Long-term disability

mybenefits.metlife.com | 1-800-638-6420

Continued pay if you're unable to work due to a medical condition. GE HealthCare provides short-term coverage, with options to buy or increase long-term coverage—offering financial support during recovery.

Pet insurance



gehc.lifebalanceprogram.com | 1-866-937-7387

Helps cover vet bills for accidents, illnesses and more. Choose a plan and pay a discounted rate through payroll deductions—making pet care more affordable and stress-free.

Identity theft insurance



myhr.gehealthcare.com | 1-844-830-0998

Safeguard against credit theft, identity restoration, privacy, device security, child safety, social media monitoring, bank alerts, data breach notifications and more. Enroll at a discounted rate to protect your personal information and get help if your identity is compromised.